



A Little Kindness, Lots of Joy!

***Children's Programme
@KDS
5 November 2017 @9.15am***



Dhan Dhan Shri Guru

Tegh Bahadur Ji

19th November 2017

to

26th November 2017





Martydom of Shri Guru Tegh Bahadur Ji

@ Khalsa Dharmak Sabha

19th November 2017 to 26th November 2017



Date	Time	Program	Remarks
19 th November 2017 (Sunday)	9.30am to 11.30am	Shabad Kirtan / Katha	Bhai Gurpreet Singh Jatha (KDS Jatha) & Giani Kuldeep Singh Ji
	11.30am to 6pm	Sehaj Paath Arambh in celebration of the Martydom of the 9th Guru - Shri Guru Tegh Bahadur Singh Ji	Giani Kuldeep Singh Ji
	7pm to 7.30pm	Shabad Kirtan / Katha	Bhai Gurpreet Singh Jatha (KDS Jatha)
20 th November 2017 (Monday) to 25 th November 2017 (Saturday)	8am to 6pm 7pm to 7.30pm 7.30pm to 9pm	Sehaj Paath Shabad Kirtan Shabad Kirtan / Katha	Giani Kuldeep Singh Ji Bhai Gurpreet Singh Jatha (KDS Jatha) Bhai Amandeep Singh Singh (Mata Koulan Wale)
26 th November 2017 (Sunday)	9.30am to 11.30am	Martydom of the 9th Guru- Shri Guru Tegh Bahadur Singh Ji Sehaj Paath Da Bhog / Shabad Kirtan	Bhai Amandeep Singh Singh (Mata Koulan Wale)

Are you your child's Best Friend?

Date: 18th Nov 2017

Time: 10am - 3pm

Venue: Khalsa Dharmak Sabha Level 2

1. Understanding
2. Communication
3. Approach

Come join us for a wonderful day of sharing!
Ending with a hot cup of cha.
Parents of all ages are welcome.
Hope to see you there!

PARENT PROGRAMME



Date: 25th Nov 2017

Time: 1pm-5pm

Venue: Khalsa Dharmak Sabha Level 2

Youth Programme

Is your future secured?

- *Sikhism vs your identity.*
- *Sikhi's role in your present and your future.*
- *Challenges of being a young Sikh.*

#EVERYSIKHMATTERS



Parent-Youth Programme

UNDERSTANDING AND APPRECIATING DIFFERENCES

DATE: 26TH NOV 2017
TIME: 1.30PM - 5.30PM
VENUE: KHALSA
DHARMAK SABHA
LEVEL 2

- Building the bridges
- Putting yourselves in each other's shoes
- The act of giving and taking



Health Screening & Diabetic Awareness Talk

Organised By
Khalsa Dharmak Sabha, TTSH Endocrinology Dept
and Health Promotion Board

26 NOVEMBER 2017, SUNDAY
11.30 AM – 3.30PM



Khalsa Dharmak Sabha
18 Niven Road, Singapore
228365

HIGHLIGHTS

- Diabetes Awareness Talk – Dr Yeo Pei Shan
- BMI Recording
- Blood Pressure Check
- Random Blood Sugar
- SPOC Games and WOD Panel

Supported by

- Abbot Diabetes Care
- Terumo Medical Corporation
- Avalanche Mechnronics Pte Ltd

Pre registration is required as its limited to 200 participants

Please contact Giani Ji or any KDS Management Committee Member

No Registration Fees Required.



Health Screening & Diabetic Awareness Talk

26 NOVEMBER 2017, SUNDAY
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